



Session on Embracing the Change

February 15, 2025

“True success can be defined by your ability to adapt to the changing circumstances.”

Change allows us to learn, adapt and evolve, leading to personal and professional growth. Embracing change enables us to stay ahead of the curve, innovate and make progress in various aspects of life. Embracing change can be challenging but it is essential for growth, innovation and progress.

An interesting and interactive session on embracing the change was conducted by the Vice Principal of APS, Dr. Renu Ranawat Patidar for the teachers on February 15, 2025. The session aimed at helping teachers to understand the dynamics of the change and develop the skills to adapt the change effectively. The session started by showing the video of a book named ‘*Who Moved My Cheese?*’, it gave a clear insight to the staff that adaptability is key to thriving in a changing world. The teachers were divided into groups to reflect and brainstorm on the nitty gritty of characters and their behaviours. The session concluded with the question ‘What is Cheese in their life?’. Thus, it was demonstrated that by embracing change with a positive mindset, we unlock new opportunities for success. In a nutshell, the session was an enriching one with the enthusiastic participation of the teachers.

The session was conducted under the guidance of (Director, Kutch region) Ms. Meeta Jadeja, (Director, APS) Ms. Ami Shah, (Principal cum Director, APS) Mr. Hemant Kumar Sharma. It was an enlightening session for teachers.



