



Visit to Supermarket

July 18, 2024

"Exploring Healthy Choices: A Fun-filled Adventure at the Supermarket."

APS Mundra believes in the all-round awareness and development of students. On July 19, 2024 our Jr. Kg students went to visit Supermarket at Reliance Smart Point as a part of extended learning on "Food we eat". The objective of the visit was to provide students with a practical learning experience about food, nutrition, and the functioning of a supermarket. The visit aimed to enhance their understanding of different food groups, encourage healthy eating habits, and teach basic social skills in a public setting.

- **Welcome and Introduction:** The supermarket manager greeted the group and gave a brief introduction to the store and its different sections.
- **Fruits and Vegetables Section**
- **Dairy Section**
- **Grains section**
- **Check-out Process**

On the whole it was a fun filled learning experience for each child. We hope these experiences will help our students to make the right choice when it comes to healthy eating. Special thanks to Management, Director Ms. Ami Shah, Director of Education (Kachchh Schools) Ms. Meeta Jadeja, Principal Dr. Mayur Patadia and Co-ordinator MS.Milan Sampat for arranging such wonderful training sessions.



