



Teacher Training Programme Learning Styles - VARK

Date – December 07, 2023

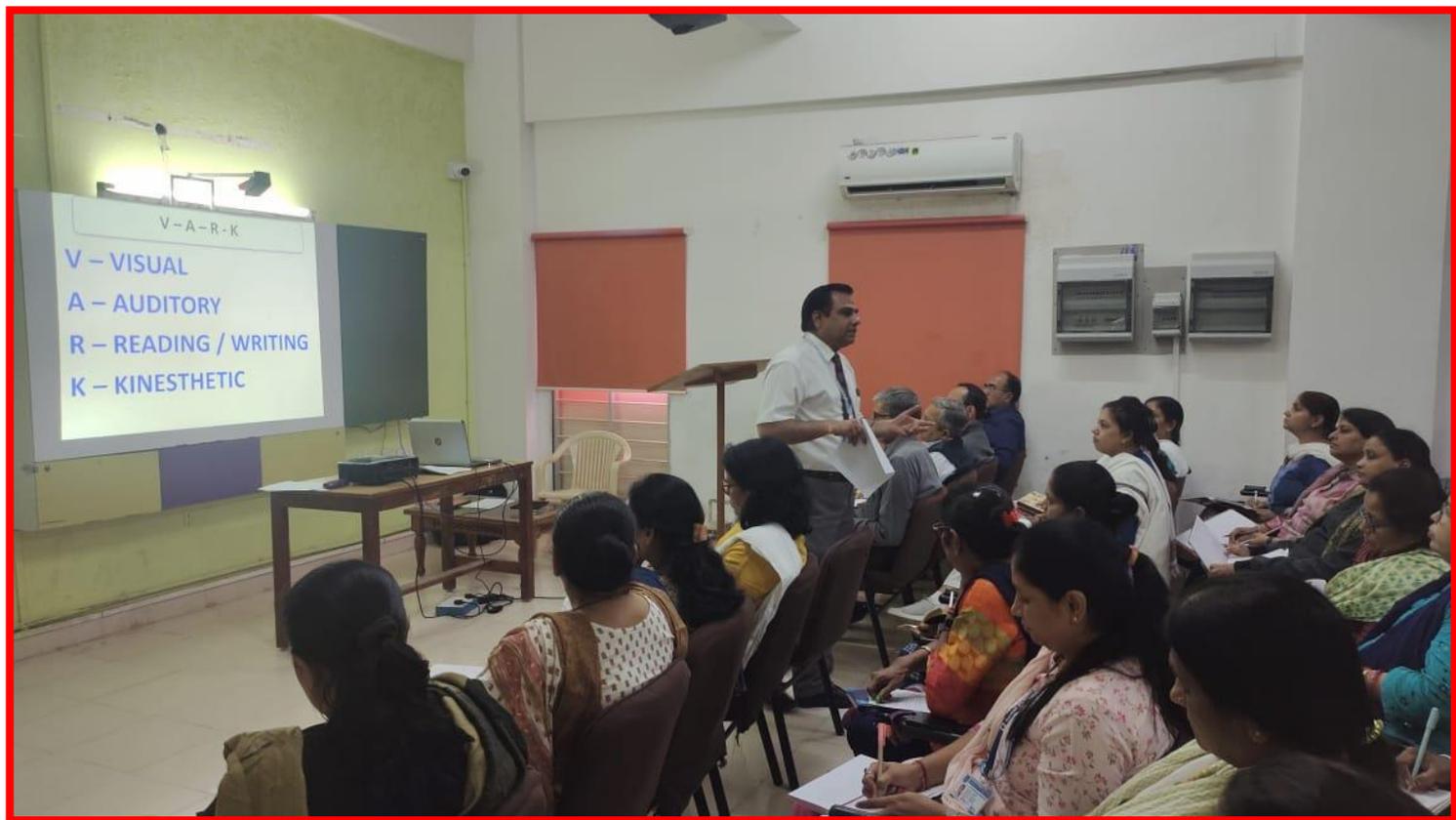
"I hear and I forget. I see and I remember. I do and I understand." ~ Confucius

We must agree that there is a drastic change in today's generation, technology, and environment as compared to earlier. For this evolving environment, it is required that the teachers must be updated, to get better teaching results. Teaching and learning are always like two parallel lines that are bound to go together. It is always seen that students of well-informed and skilled teachers are better than the other students. Therefore, teachers must get training at regular intervals of time for updated knowledge regarding the ever-changing environment.

To cater this need, Adani Public School, Mundra also keep on training their teachers to meet the needs of the today's students. The training program was based on the model of VARK given by Neil Fleming. Fleming theorised different learning styles: **Visual, Auditory, Reading/Writing, and Kinaesthetic**. As a teacher it is important to know, understand and analyse one's students effectively. Teacher training programs help teachers to better understand and therefore, better manage their students.

The Training Programme was conducted by the Principal, Mr. Mayur Patadia, Training was initiated with a questionnaire, based on MCQ, to analyse and differentiate the different type of learners. It was emphasized that same activity can be conducted in the classes also to know the needs of the students. Also, it is going to help the teachers to prepare their lesson plans accordingly. **It was added that a teacher should know their students well, should prepare his/ her content according to their level.**





The VARK Questionnaire

Read the questions below and mark your responses. Do not think too much and whatever comes in your mind first mark it. Be honest in your approach.

1 I like the website that have:

- R interesting written descriptions, lists and explanation.
- K things I can click on, shift or try.
- A audio channels where I can hear music, radio programs or interview.
- V interesting design and pictures and videos.

2 You have an knee problem. You would prefer that the doctor

- R give you something to read(pamphlet, handout etc) to explain what is wrong.
- K uses a plastic model to show what is wrong.
- A describes what is wrong.
- V shows you diagram/poster on the wall, of what is wrong.

3 You are going to choose food at restaurant or cafe. You would:

- K choose something that you have had there before.
- R choose from the descriptions in the menu.
- A listens to the waiter or ask friends to recommend choices.
- V look at what your friend is eating or look at pictures of some dishes.

4 Do you prefer a trainer who uses:

- A questions and answers, talks, group discussion .
- R handouts, books or readings.
- K demonstrations, models or practical lab sessions.
- V diagram, charts, graphs or animations.

5 You are helping someone who wants to go to airport. You would:

- K go with him.
- R write down the directions.
- A tell her the directions.
- V draw, or give her a map.

6 You want to learn how to take photos with your new digital camera. You will:

- K take some pictures(good or poor) and see what settings were used to shoot them.
- R read the instructions in the manual.
- A ask questions and talk about camera and its features(e.g. customer support).
- V study diagram showing the camera setting(e.g. night mode, twilight mode etc).

7 A group of tourist wants to learn about the zoo in your area. You would:

- K direct them to zoo / go with them.
- V show them internet pictures, photographs or picture book.
- R give them a book or pamphlets about the zoo.
- A talk about or arrange a talk for them about zoo.

8 You want to purchase Smartphone. Other than price, what will influence your decision:

- K trying shooting / testing it.
- R reading details about its features on website.
- A the salesperson telling about its features.
- V its modern design and look along with other details.

9 You have to make an important speech at a conference. You would:

- K gather many examples and stories to make the talk real and practical.
- V include many diagrams or get graphs and data to help explaining the things.
- A write a few key words and practice saying your speech over and over.
- R write out your whole speech and learn from reading it over several times.

10 Other than price, what would most influence your decision to buy a new non-fiction book.

- A a friend talks about it and recommends it.
- K it has real-life stories, experiences and examples.
- V the way it looks, the pictures and colours on the pages.
- R quickly reading parts of it.

11 You are planning a holiday for a group. You want some feedback from them. You would:

- V use a map or website to show them the places.
- A describe some of the highlights.
- R give them copy of the printed itinerary with site details.
- K phone, text or email them.

12 You are going to make a special recipe for your family. You would:

- V look through the cook book for ideas from the pictures of various recipes.
- A ask friend for suggestions.
- K cook something you know already without the need for detailed instructions.
- R read various cook books to decide good recipe.

13 Remember a time when you learned how to do something new. Try to avoid choosing a physical skill, e.g. riding a car. You learned best by:

- A listening to somebody explaining it and asking questions.
- K watching a demonstration and trying along with the demonstrator.
- R written instructions - e.g. manual etc.
- V diagram and charts showing the steps of process - visual clues.

14 You are not sure whether a word should be spelled 'vacuum' or 'vaccum'. You would:

- R look it up in dictionary.
- V see the word in mind and choose by the way it looks.
- A sound it out in mind.
- K write both versions down on the paper and choose one.

15 You are preparing for a dance concert. You will:

- R select dance form after reading description of many dance forms.
- V select dance form by seeing various pictures.
- A select dance form after listening to its lyrics and music.
- K select dance form after trying three four different dance form.

'V' responses = 'A' responses = 'R' responses = 'K' responses =