



Army NCC Activity December 11th, 2023

"FROM ANCIENT TIMES TO MODERN PLATES. MILLET FOR ALL AGES"

The Indian government has declared the year 2023, 'The International Year of Millets', to be a 'people's movement' along with the positioning of India as a global hub of millets.

The theme of the International Year of Millets is "Healthy Millets, Healthy People." The International Year of Millets 2023 aims to raise awareness about the importance of millets and their health benefits. It also seeks to promote the production, consumption, and value-addition of millet products.

The NCC Army cadets of Class VIII & IX attended the session on 'Importance of Millets'. The session was conducted by Principal Dr. Mayur Patadia. Dr. Mayur Patadia is also a Resource Person and Master Trainer for the CBSE Board. A total of 66 cadets attended the session. He explained students the benefits of millet foods. He encouraged the cadets to include more millets in their diets. Various banners were prepared by the students. They developed deep understanding of using millets in their daily lives. The cadets attended the session with great enthusiasm, along with NCC discipline.

He also congratulated NCC Army cadets and appreciated the efforts of school ANO Mr. Amrit Singh for the successful completion of the activity.



