



Parenting Seminar

13/09/2023 and 14/09/2023

"Don't worry that children never listen to you; worry that they are always watching you."

APS Mundra recently conducted a Parenting Seminar on the theme **"7 Habits to Make Children Successful and Happy."** Ms. Meeta Jadeja, Director of Education Kutch region and Dr. Mayur Patadia, the esteemed Principal of APS Mundra, spearheaded the session.

Session 1: Date - 13th September 2023 (For Parents of students from class 1 to 5)

Session 2: Date - 14th September 2023 (For Parents of students from class 6 to 12)

The event was marked by a significant turnout, demonstrating the keen interest parents have in their children's holistic development. During the session, the following seven habits were meticulously discussed, backed by various examples, illustrations, supportive videos, and practical implementation points:

T - Try Out New Things: Parents were encouraged to foster a spirit of curiosity and exploration in their children, emphasizing the importance of taking calculated risks and learning from experiences.

A - Appreciation: Appreciating value of facilities provided to children and seeing good in others – positivity needs to be fostered in kids.

R - Reading: The transformative power of reading was highlighted, with parents being urged to instill a love for reading in their children, fostering a habit that lasts a lifetime.

G - Giving to Others: The seminar emphasized the value of empathy, kindness, and the act of giving, showing parents how to cultivate these qualities in their children.

E - Exercise: The importance of physical fitness and its connection to mental well-being was discussed, with practical advice on how to encourage an active lifestyle in teenagers.

T - Tolerance: Building tolerance, respect for diversity, and conflict resolution skills in adolescents were focal points of this part of the seminar.

S - Spirituality: The final habit explored the role of spirituality in shaping a well-rounded individual, emphasizing values, ethics, and a sense of purpose.

The session concluded with practical tips on implementing these habits into daily family life, ensuring parents are left with actionable strategies to support their child's growth and happiness.





Parents Feedback

* Excellent information, well done! Please continue in near future.
 * Very motivated and inspired.
 * Very good seminar.
 * It was very fruitful session with this planning we will really make our kids for better future.
 * It was a very very informative & motivating session for us and we will apply on us & our children.
 * Very good seminar
 * Very good session
 * It was very good program and school arrange this type of program in future. It was very good seminar.

* Good intention for parents and children
 * बहुत अच्छा काम!
 * It is very helpful to understand and develop our child. Thank you 😊
 * Well, best. May continue on work.
 * Nice session
 * Very good and motivational session.

Wonderful Session... inspiring
narrative very nice... Nellu Cholan!

Very inspiring. and teach us to parents
and how to teach our children.
was very good. Thank you for Adani Team.
Bhumiya Nishu

* very nice session.

* The session is about how to be passionate
and calm down.

Banyard



Adani Public School Mundra



Kids are like a mirror,
what they see and hear
they do. Be a good
reflection for them.



My Children Happy Children

Add Joy and Happiness to
Parenting

Parenting Seminar

Topic

**Seven Habits To Make Children
Successful and Happy**

At

APS - MPH

Thursday – 14 – 09 – 2023

For Grade Pre-Primary & 6 to 12

(Timings – 9:30 am to 11:30 am)